



Sarah Lyon, OTR/L

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SUMMARY: Founder of OT Potential, the largest independently run website for occupational therapists. Experienced, registered, and licensed, occupational therapist with six years of clinical care experience in multiple settings.

PUBLISHING EXPERIENCE

POTENTIAL LLC (AURORA, NE)

FOUNDER: 2014-PRESENT

- Provided resources for occupational therapists, including digital downloads, job hunting assistance, and a blog.
- Managed a team of content editor, graphic designer, developer, and marketing intern.

CLINICAL OCCUPATIONAL THERAPY EXPERIENCE

EXAMPLE RURAL HOSPITAL (AURORA, NE)

OCCUPATIONAL THERAPIST: 2011-2013 (FULL-TIME); 2017-2018 (PRN)

- Supervised a growing department (started with one therapist, and ended with three) in a critical access hospital, which served clients in the following settings: inpatient, swing bed, long term care, skilled nursing and outpatient.
- Provided orthopedic intervention, cognitive integration, neuromuscular rehab, vision rehab, home evaluations, lymphedema management, and wheelchair positioning.

EXAMPLE PSYCHIATRIC SETTING (LINCOLN, NE)

OCCUPATIONAL THERAPIST: 2014-2015

- Wrote curriculum for life skills groups, and facilitated group interactions at this inpatient psychiatric hospital.
- Led initiative to update programming to reflect more recovery model principles. Supported the establishment of comfort rooms and other sensory environment support.
- Coordinated patient employment program.
- Utilized de-escalation techniques and demonstrated strong negotiation skills with volatile patient population.

EXAMPLE TRAUMA HOSPITAL (LINCOLN, NE)

ACUTE CARE OCCUPATIONAL THERAPIST: 2013-2014

- Served 10-15 patients per day in the trauma intensive care unit, cardiac intensive care unit, progressive care unit, neurology unit and orthopedic trauma unit.
- Facilitated safe discharges for complex patient load.
- Demonstrated flexibility and adaptability by floating between multiple facilities with varying patient populations and diagnoses.

EDUCATION

New York University – master of science in Occupational Therapy, 2011

St. Olaf College – bachelor of arts in Religion, 2008

VOLUNTEER EXPERIENCE

Aurora Chamber of Commerce - Tourism Chair 2018

Aurora, Nebraska Garden Club - Founder. 2016-Present

Aurora, Nebraska Electric Car Charging Committee - Founder, 2017

Messiah Lutheran Church Women - Secretary, 2017