

KT Barriers & Facilitators

In Clinical Settings

Barriers

Lack of Time and Money

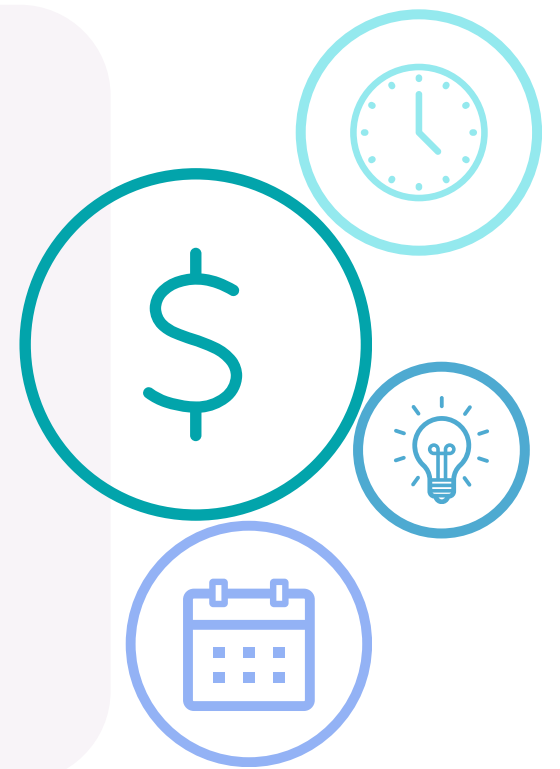
Lack of resources to engage in research, continuing education, and evidence synthesis.

Knowledge Gaps

Lack of opportunities for multi-modal learning and diverse expertise among staff.

Change Fatigue

Difficulty forming new habits and breaking old ones.



Facilitators

Organizational Incentives

Protected time and resources to engage in research, continuing education, and evidence synthesis.

Supportive and Collaborative Team

Adequate staffing, knowledgeable colleagues, interdisciplinary communication, EBP champions.

Stakeholder Involvement

Clinician choice in continuing education, engaging clients and families in education.

Audit and Feedback

Measuring outcomes and impact to inform practice.



Promote a Culture of EBP

Protect Time and Resources

- Therapists require **adequate paid time** and **access to evidence** to engage in knowledge translation activities

Invest in Continuing Education

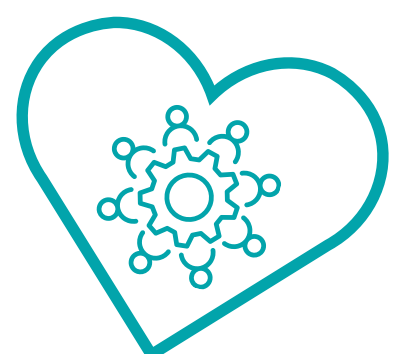
- Allow **choice** in CE to drive their own areas of expertise
- Bring in opportunities for **hands-on clinical learning**

Foster Collaboration

- Create facility resource banks
- Facilitate a journal club

Mentor Graduate Students

- Fieldwork students bridge curriculum and practice



KT in Clinical Settings

References and Resources

Resource Banks

[EBSCO Rehabilitation Reference Center](#)

Journal Club

[NIH Journal Club Guide](#)

Jackson, L. (2018). [Fieldwork Students' Role in Evidence-Based Practice](#). *The American Journal of Occupational Therapy*, 72(4_Supplement_1), 7211520335p1.
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